

# Breakfast Menu

The Promenade  
CAFÉ & BAR

Served Monday to Saturday from 7am to 11am  
Sunday 7am to 11:30am

## SMALL BITES

<b>Toasted Banana Bread</b> with butter	\$10
<b>Croissant</b> Ham & Cheese	\$10
Jam & Butter	\$8
<b>Fruit Salad</b> A seasonal selection of fresh fruit topped with passionfruit coulis	\$11
<b>Granola, Fruit &amp; Yoghurt</b> A selection of fresh seasonal fruit topped with homemade granola, vanilla yoghurt and passionfruit coulis	\$14

## KIDS BREKKY

For 12 years old and under  
All kids meals include a juice popper

<b>Egg on Toast</b>	\$10
One fried or scrambled egg with a piece of sourdough or white toast	
<b>Bacon &amp; Egg Muffin</b>	\$11
English muffin with bacon, egg & hash brown	
<b>Pancake</b>	\$10
Two fluffy homemade buttermilk pancakes with maple syrup & a scoop of vanilla ice cream	
<b>Cereal</b>	\$9
Choice of: Coco Pops or Corn Flakes served with milk	

## ADD ONS

<b>Halloumi</b>	\$5	<b>Spinach</b>	\$3	<b>Hash Brown</b>	\$3
<b>Egg</b>	\$3	<b>Bacon</b>	\$5	<b>Baked Beans</b>	\$3
<b>Mushrooms</b>	\$4	<b>Grilled Tomato</b>	\$4	<b>Pork Chipolatas</b>	\$4
<b>Smoked Salmon</b>	\$8	<b>Avocado</b>	\$4		

## THE FAVOURITES

<b>Bacon &amp; Egg Roll</b>	\$16	<b>Eggs on Toast</b>	\$17
Bacon, egg & cheese on a toasted brioche bun with your choice of tomato, BBQ or aioli. Served with a hash brown		Eggs cooked your way on sourdough toast & served with a hash brown +bacon \$5	
<b>Eggs Benedict</b>	\$18	<b>French Toast</b>	\$23
2 Poached eggs, creamy hollandaise sauce & wilted spinach served on 2 English muffins +bacon \$5 +mushrooms \$4 +salmon \$8		Thick doorstep French toast served with mixed berry coulis, maple syrup & bacon	
<b>Big Breakfast</b>	\$27	<b>Mushroom &amp; Pumpkin Delight</b>	\$22
Thick-cut white toast, two eggs cooked your way, bacon, grilled tomato, hash brown, baked beans, pork chipolatas & roasted mushrooms		Roasted garlic mushrooms and pumpkin on a bed of whipped ricotta served on top of sourdough toast drizzled with honey & seeds + egg \$3 (Ask us to make it vegan for you too!)	
<b>Loaded Smashed Avo</b>	\$24	<b>Chilli Scramble</b>	\$20
Fresh avocado on sourdough toast with two poached eggs, feta, beetroot relish, dukkah, toasted seeds & lemon +mushrooms \$4		Fluffy scrambled eggs drizzled with chilli oil on sourdough & served with a hashbrown +bacon \$5 +avo \$4 +halloumi \$5	
<b>Apple Biscoff Pancakes</b>	\$22		
4 fluffy homemade buttermilk pancakes served with cinnamon infused stewed apples, vanilla ice cream, biscoff crumble & maple syrup			

Gluten-free bread available for an additional  
\$2. Please inform us of any dietary  
requirements you may have.

The Promenade Cafe & Bar

Call 6529 for Room Service (\$5 delivery  
charge)

Please note we have a 15% surcharge on  
public holidays

# Drink Menu

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## HOT BEVERAGES

	Cup	Mug
<b>Long Black</b>	\$5	\$6
<b>Flat White</b>	\$5	\$6
<b>Latte</b>	\$5	\$6
<b>Cappuccino</b>	\$5	\$6
<b>Mocha</b>	\$5.5	\$6.5
<b>Hot Chocolate</b>	\$5	\$6
<b>Chai Latte</b>	\$5	\$6
<b>Dirty Chai</b>	\$5.5	\$6.5
<b>Pot of Tea</b>		\$6
English breakfast, green tea, mint or earl grey		

**Extra Large Size + \$1**

## COLD COFFEES

<b>Iced Long Black</b>	\$7
Espresso & filtered water over ice	
<b>Iced Latte</b>	\$7.5
Espresso & milk over ice	
<b>Iced Coffee</b>	\$8
Espresso & milk over ice with whipped cream & ice cream	
<b>Iced Mocha</b>	\$8.5
Espresso, chocolate & milk over ice with whipped cream & ice cream	
<b>Iced Chocolate</b>	\$8
Chocolate & milk over ice with whipped cream & ice cream	
<b>Iced Chai</b>	\$7
Chai powder & milk over ice	

## ADD ONS

### Alternative Milks +\$1

Almond Milk  
Oat Milk  
Soy Milk  
Coconut Milk  
Lactose Free Milk

### Syrups +\$1

Caramel  
Hazelnut  
Vanilla

### Extra Shot \$1

**Add Ice Cream \$2**  
**Add Whipped Cream \$1.5**  
**Add Protein Powder \$3**

## SMOOTHIES

<b>Banana Blender</b>	\$11
Banana, honey, cinnamon & vanilla yogurt on milk	
<b>Strawberry Dream</b>	\$11
Classic strawberry & banana on milk	
<b>Mango Passion</b>	\$11
Mango, passionfruit & pineapple on coconut water	
<b>Avocado Bliss</b>	\$11
Spinach, mango, avocado, broccoli, coconut, ginger & lime on coconut water	
<b>Choc Protein</b>	\$12
Banana, peanut butter & a scoop of chocolate protein powder on milk	
<b>Acai Smoothie</b>	\$11
Acai, wild blueberries, strawberries & mango on coconut water	

## COLD DRINKS

<b>Juice</b>	\$5.5
Apple Orange Pineapple	
<b>Cans</b>	\$4.5
Coke Coke Zero Fanta Sprite	
<b>Milkshakes</b>	\$9.5
Caramel Vanilla Chocolate Banana Strawberry	

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