FAMILY ACTIVITY PROGRAM 2024

CLUB WYNDHAM

MONDAY

7am – 8am Morning power walk

8am - 8.30am Zumba dance exercise

9.30am **Fish feeding**

10am – 11am Pandana Weaving demo by the pool

10.30-11am Aqua Aerobics

11.30am - 12.30pm Free Bula

11am Lovo preparation at The Beach Shack

1pm Burial of the Lovo

1pm - 2pm T-shirt/sulu tie and dve make your own souvenir!

2-3pm Coconut leaves Basket Weaving at Activities Shack. Unearthing of Lovo at The Beach Shack

3pm-4pm Watermelon smashing Competition

4pm-5pm Agua Aerobics

4pm – 5pm Beach volleyball

5pm – 6pm Happy hour at all outlets Serenaders around the resort and torch lighting ceremony

6pm - 9.30pm Fijian Lovo Night Buffet

Meke traditional dance show at The Beach Shack

TUESDAY

7am – 8am Morning jogging

9.30am **Fish feeding**



9.15am - 10am Kayak Fishing Safari Booking essential.

10.30-11am Aqua Aerobics

11am - 12.30pm Swimming Race

1pm – 2pm Wood carving demo by the pool

2pm – 3pm Local spear making - Fijian spear and throwing practice at the Activities Shack

2-4pm Scuba Lesson \$40/person 10yrs above booking essential.

3pm – 4pm 100 Club member activity

3pm – 4pm Club Wyndham Amazing Race and team prize giveaway

4pm – 5pm Touch Rugby Footy

5pm –6pm Happy hour F&B Bars Happy hour games at Duatale Bar Guess artist & trivia -Serenading and torch lighting by the pool

6pm – 9.30pm Pasta Corner Special dinner at Beach Shack

8.30-9.30pm Live karaoke for all ages at The Beach Shack

WEDNESDAY

7am - 8am Morning power walk 8am – 8.30am Zumba dance exercise 9.30am



10.30-11am Aqua Aerobics

BINGO 11.30am - 12.30pm Free Bula

1pm – 2pm T-shirt/sulu tie and dye -make your own souvenir. Sarong tying demonstration at Activities Shack

2pm-3.30pm Fijian Lei Making [making your own garland] Activities Shack

3-4pm Local Art & Craft Demo at the poolside. [pandana, art paint carving, wood carving, necklaces making]

4pm – 5pm Owners' Meet & Greet and entertainment by the pool. Get yourself register on this hour with Sales & Marketing to enjoy complimentary drinks and entertainments for an hour. Sponsored by Sales Team.

5pm – 6pm Happy hour at all outlets --International charity frog race



6pm – 9.30am Asian Indian Buffet at Beach Shack Polynesian Dance and Fire Show

THURSDAY

7am – 8am Morning jogging

9.30am **Fish feeding**



9.15am – 10am Kavak Fishing Safari Booking essential

10.30-11am Aqua Aerobics

11am-1230pm **Fijian Cooking Lesson** Activities shack



Live pottery demo at the Activities Shack

2pm - 3.30pm Coconut demonstration husking and grating to make fresh coconut toffee.

4pm – 5pm Beach volleyball game

4pm-5pm Agua Aerobics

4pm-6pm -Serenading around the resort

5-6pm Happy hour games Duatale Bar -Guess artist & trivia

6pm-7pm Torch lighting by the pool

6pm – 9pm Pasta Corner Special at The Beach Shack

with Live Band Entertainment

7.30pm – 9.30pm Kava with Fijian storytelling -Fijian language lesson at the Activities Shack

FRIDAY

7am – 8am Morning power walk

8am – 8.30am Zumba dance exercise

9.30am **Fish feeding**

10am - 11am Fiji international lawn bowling

10.30-11am Aqua Aerobics

11.30am - 12.30pm Free Bula



for more sun!

Come and join the fun,

1pm – 2pm T-shirt/sulu tie and dve -Make your own souvenir to take back home at **Activities Shack** Sarong tying demonstration.

2pm - 3.30pm Coconut leaves weaving [BASKET/FISH/FAN/BIRDS] demonstrations -make your own at Activities Bure

3.30pm – 4pm Herbal medicine walk - learn our local medicinal plants.

4pm – 5pm Beach volleyball game

5pm – 6pm Happy hour at all outlets

Serenading around resort and torch lighting ceremony

6pm – 9.30pm Local Traditional Buffet with Polynesian Dance and fire show at The Beach Shack

8.30pm - 9.30pm Karaoke night at The Beach Shack

SATURDAY

7am – 8am Morning jogging

8am - 8.30am Zumba dance exercise

9.30am **Fish feeding**

C 9.15am - 10am

Kayak Fishing Safari-booking essential.

10.30-11am Aqua Aerobics 11am – 12pm

Ocean Kayak Race at Beach front. 1pm - 2pm Art carving demo



2pm-3.30pm Coconut kava bowl making and coconut tasting.

4pm – 5pm Fiji coconut cricket throwing at Activities Shack

5pm-6pm Happy hour F&B Bars Happy hour games at Duatale Bar -Guess artist & trivia -Serenading and torch lighting by the pool

6pm – 9.30pm A-la-Carte Dinner and Live band at The Beach Shack

> 7pm - 8.30pm Dive-in movie night by the pool

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Happy hour at all outlets Serenading and torch lighting by the pool

7am – 8am Morning power walk

8am – 9am Interdenominational church service at Activities Shack

SUNDAY

9.30am **Fish feeding**

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10am – 11am

Croquet game

1030-11am Aqua Aerobics

11am – 12pm

Competition

1pm - 2.30pm

3-4pm

4pm – 5pm

5pm - 6pm

6pm-9:30pm

A-la-Carte dinner

Longest Breath Dive

Coconut leaves hat

weaving demonstrations -make your own at Activities Bure

Photo Memento bring own camera. We dress you in Traditional Fijian Attire. [We provide costumes]

4pm – 5pm Ping Pong Competition

Beach volleyball at Activities Shack