

FAMILY ACTIVITY PROGRAM 2024

CLUB WYNDHAM

MONDAY

7am – 8am
Morning power walk

8am – 8.30am
Zumba dance exercise

9.30am
Fish feeding

9am – 10am
Arts and Craft demo
by the pool [PANDANA
LEAVES WEAVING]

10.30-11am
Aqua Aerobics

11.30am – 12.30pm
Free Bula



11am
Lovo preparation at The
Beach Shack at
activities shack

1pm
Burial of the Lovo

1pm – 2pm
T-shirt/sulu tie and dye -
make your own souvenir!
Sarong tying
demonstration.

2-3pm
Coconut leaves Basket
Weaving at Activities
Shack.

3pm – 3.30pm
Unearthing of Lovo at The
Beach Shack

3pm-4pm
Watermelon smashing
Competition

4pm – 5pm
Beach volleyball

5pm – 6pm
Happy hour at all outlets
Serenaders around the
resort and torch lighting
ceremony

6pm – 9.30pm
Tastes of Fiji and
Meke traditional dance
show at The Beach Shack

TUESDAY

7am – 8am
Morning jogging

9.30am
Fish feeding



9.15am – 10am
Kayak Fishing Safari
Booking essential.

10.30-11am
Aqua Aerobics

11am – 12.30pm
Swimming Race
PRIZE GIVEAWAY

1pm – 2pm
Wood carving demo by the
pool

2pm – 3pm
Local spear making - Fijian
spear and throwing
practice at the Activities
Shack

2-4pm
Scuba Lesson \$40/person
10yrs above booking
essential.

3pm – 4pm
100 Club member
activity

3pm – 4pm
Club Wyndham Amazing
Race and team prize
giveaway

4pm – 5pm
Touch Rugby Footy

5pm – 6pm
Happy hour F&B Bars
Happy hour games
at Duatale Bar
-Guess artist & trivia
-Serenading and torch
lighting by the pool

6pm – 9.30pm
A la carte menu at the
Beach Shack and Soloist
Band

8.30-9.30pm
Live karaoke for all ages at
The Beach Shack

WEDNESDAY

7am – 8am
Morning power walk

8am – 8.30am
Zumba dance
exercise

9.30am
Fish feeding

10am – 11am
Finska game

10.30-11am
Aqua Aerobics

11.30am – 12.30pm
Free Bula



1pm – 2pm
T-shirt/sulu tie and dye -
make your own souvenir.
Sarong tying demonstration
at Activities Shack

2pm-3.30pm
Fijian Lei Making
[making your own garland]
Activities Shack

4pm – 5pm
Owners' Meet & Greet and
entertainment by the pool.
Get yourself register on this
hour with Sales & Marketing
to enjoy complimentary
drinks and entertainments
for an hour. Sponsored by
Sales Team.

5pm – 6pm
Happy hour at all outlets -

-International charity frog
race



6pm – 9.30am
Wok and Roll buffet with live
cooking and live band at
The Beach Shack

THURSDAY

7am – 8am
Morning jogging

9.30am
Fish feeding



9.15am – 10am
Kayak Fishing Safari
Booking essential

10.30-11am
Aqua Aerobics

11am-1230pm
Fijian Dessert Cooking
Lesson Activities shack

11am – 12pm
Pool basketball game

1pm – 2pm
Live pottery demo
at the Activities Shack



2pm – 3.30pm
Coconut demonstration
husking and grating to
make fresh coconut toffee.

4pm – 5pm
Beach volleyball game

5-6pm
Happy hour F&B Bars

Happy hour games
Duatale Bar
-Guess artist & trivia

-Serenading and torch
lighting by the pool

6pm – 9pm
A la carte menu at
The Beach Shack

7.30pm – 9.30pm
Kava demonstration and
-Fijian storytelling
-Fijian language lesson at
the Activities Shack

FRIDAY

7am – 8am
Morning power walk

8am – 8.30am
Zumba dance exercise

9.30am
Fish feeding

10am – 11am
Fiji international lawn
bowling

10.30-11am
Aqua Aerobics

11.30am – 12.30pm
Free Bula



Come and join the fun,
for more sun!

1pm – 2pm
T-shirt/sulu tie and dye -
Make your own souvenir to
take back home at
Activities Shack
Sarong tying demonstration.

2pm – 3.30pm
Coconut leaves weaving
[BASKET/FISH/FAN/BIRDS]
demonstrations -make your
own at Activities Bure

3.30pm – 4pm
Herbal medicine walk - learn
our local medicinal plants.

4pm – 5pm
Beach volleyball game

5pm – 6pm
Happy hour at all outlets
Serenading around resort
and torch lighting ceremony

6pm – 9.30pm
South Pacific buffet
Polynesian fire show at
The Beach Shack

8.30 – 9.30pm
Karaoke night
at The Beach Shack

SATURDAY

7am – 8am
Morning jogging

8am – 8.30am
Zumba dance exercise

9.30am
Fish feeding



9.15am – 10am
Kayak Fishing Safari -
booking essential.

10.30-11am
Aqua Aerobics

11am – 12pm
Ocean Kayak Race at
Beach front.
Please register at
Activities Desk

1pm – 2pm
Art carving demo



2pm-3.30pm
Coconut kava cup making
and coconut tasting.

4pm – 5pm
Fiji coconut cricket
throwing
at Activities Shack

5pm-6pm
Happy hour F&B Bars

Happy hour games
at Duatale Bar
-Guess artist & trivia
-Serenading and torch
lighting by the pool

6pm – 9.30pm
Chef special wood platter
Live band at The Beach
Shack

SUNDAY

7am – 8am
Morning power walk

8am – 9am
Interdenominational
church service at
Activities Shack

9.30am
Fish feeding



10am – 11am
Croquet game

1030-11am
Aqua Aerobics

11am – 12pm
Longest Breath Dive
Competition

1pm – 2pm
Coconut leaves hat
weaving demonstrations -
make your own at
Activities Bure

2pm – 3pm
Souvenir photo Memento
in traditional costumes at
Activities Shack

3pm – 4pm
Ping Pong Competition

3pm-8pm
Cheese & Wine Menu

4pm – 5pm
Beach volleyball at
Activities Shack

5pm – 6pm
Happy hour at all outlets
Serenading and torch
lighting by the pool

7pm – 8.30pm
Dive-in movie night by the
pool
Enjoy our Dua Tale
specials.