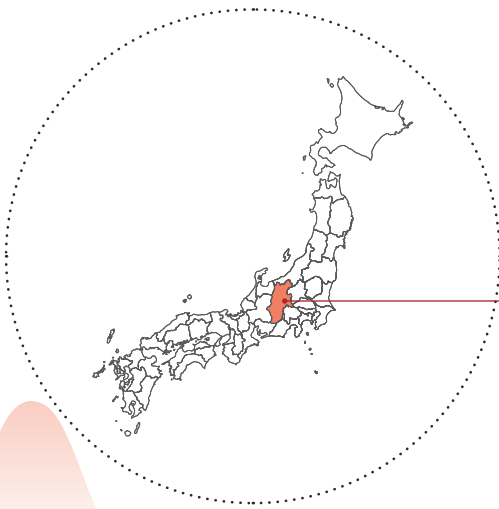




PLAN YOUR JOURNEY TO

# Nagano Prefecture

Nagano Prefecture offers year-round charm, from snowy slopes that draw skiers in winter to the sight of snow monkeys soaking in steaming hot springs. In summer, the landscape transforms to scenic hiking trails and vibrant flower fields. In Nagano, nature shapes each season in its own unforgettable way.



## Explore a destination

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## 1 Club Wyndham Chikumakan Nagano

Kamiyamada Onsen 1 chome 33-4, Chikuma City,  
Nagano Prefecture

A traditional Japanese Ryokan resort in scenic Nagano, blends Western and authentic Japanese styles across its 36 rooms. Guests enjoy indoor and outdoor onsens with natural hot spring water renowned for skin benefits, meticulously prepared meals featuring Shinshu specialties and seasonal local ingredients, and amenities like a cocktail bar, karaoke, gardens, and banqueting halls for up to 130 people.



## 2 Club Wyndham Shirakabaso Shiga Kogen

7148 Hirao, Hasuike, Shiga Kogen, Yamanouchi-machi,  
Shimotakai-gun, Nagano Prefecture 381-0401, Japan

The resort offers ski-in/ski-out access in Asia's largest ski area, Shiga Kogen, with over 80 km of trails from the 1998 Nagano Olympics site. Recently refurbished, its 32 rooms blend traditional Japanese style with modern minimalism, including twin, king, and Japanese futon options, plus amenities like indoor/outdoor onsens, sauna, day spa, and ski rentals. Diners enjoy revitalised buffets, a new pizza bar, and an upcoming whisky bar.



## 3 Club Wyndham Sundance Tateshina

4035-2549 Kitayama, Tateshina, Chino City,  
Nagano 391-0301, Japan

The resort nestles in Tateshina's serene highlands, blending traditional Japanese decor with modern luxury across various room types. Guests relax in a heated indoor pool, public onsen, sauna, and spa, while enjoying on-site dining with room-service breakfast and dinner featuring local specialties. Amenities include a fitness centre, tennis court, games room, barbecue area, and pet-friendly options.



## 4 Club Wyndham Sundance Resort Karuizawa

8-40 Nagakura, Karuizawa, Kitasaku District,  
Nagano 389-0111, Japan

The resort is in the upscale resort town of Karuizawa, offering serene mountain views and a peaceful retreat amid lush woods. Guests unwind in spacious rooms with traditional Japanese bathrooms featuring bathtubs and showers, accommodating up to six in family suites. Amenities include bike rentals (seasonal), an on-site restaurant serving European cuisine and regional specialties, spa facilities, pet-friendly options, and a gift shop.



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## 5 Jigokudani Monkey Park

6845 Taihirayama, Yamanouchi-machi, Shimotakai-gun, Nagano Prefecture 381-0401, Japan

The park is famous for wild Japanese macaques – known as snow monkeys – bathing in natural hot springs. Located in Joshinetsu Kogen National Park at 850 metres elevation, visitors reach it via a 30-40 minute forested hike from Kanbayashi Onsen, about 45 minutes by bus from Nagano Station. Open year-round, winter (December-March) offers the iconic snowy scenes, while monkeys roam freely in this “Hell Valley” habitat.



## 6 Togakushi Shrine

Togakushi, Nagano City, Nagano Prefecture 381-1393, Japan

Togakushi Shrine comprises five ancient shrines – Okusha, Chusha, Hokosha, Kuzuryusha, and Hinomikosha – nestled at the base of sacred Mount Togakushi in Myōkō-Togakushi Renzan National Park. Linked to Japanese mythology where deity Tajikarao hurled a cave door to reveal the sun goddess Amaterasu, it dates back over 1,200 years, evolving from a Shugendo ascetic center with ninja training ties.



## 7 Matsumoto Castle

4-1 Marunouchi, Matsumoto City, Nagano Prefecture 390-0802, Japan

The castle is a National Treasure in Matsumoto City, renowned as the “Crow Castle” for its striking black exterior and elegant five-story keep built between 1593-1594. Constructed during the Sengoku period under lords like Ishikawa Kazumasa, its intricate wooden interior features steep stairs, trapdoors, and defensive apertures for arrows and stones. One of Japan’s few original castles surviving in authentic form, it offers panoramic views and hosts seasonal festivals.



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## 8 *Daio Wasabi Farm*

3640 Hotaka, Azumino City, Nagano Prefecture  
399-8303, Japan

It is Japan's largest wasabi cultivation site in Azumino City, spans 15 hectares along the clear snowmelt streams from the Northern Alps. Established in 1915, it produces over 150 tons annually using pristine, 13°C water ideal for the shade-loving plant, with picturesque watermills, walking paths, and wasabi-themed eateries offering ice cream, soba, and beer. Free entry draws visitors for scenic hikes and farm tours year-round.



## 9 *Shiga Kogen Ski Resort*

Hirao 7148, Yamanouchi-machi, Shimotakai-gun, Nagano Prefecture 381-0401, Japan (central Shiga Kogen area)

It is Japan's largest interconnected ski area in Yamanouchi, spans 18 ski fields across 600 hectares with elevations from 1,340m to 2,307m. Hosted Olympic events in 1998, it offers over 80km of trails for all levels, reliable powder snow from November to May, and terrain parks, connected by 48 lifts and shuttles. Summer hiking and onsen nearby enhance its appeal in Joshinetsu Kogen National Park.



## 10 *Zenkōji Temple*

491 Motoyoshicho, Nagano City, Nagano Prefecture  
380-0803, Japan.

The temple dates to 642 AD and houses what many believe is Japan's first Buddhist statue – a hidden golden Amida Buddha brought from Korea. This inclusive site, unaffiliated with any sect, has drawn pilgrims for 1,400 years, offering salvation to all regardless of status, with rituals like the rare Gokaicho unveiling every seven years. Its massive 1707 wooden hall, inner passages (Naisen), and surrounding museums highlight Edo-era pilgrimage culture amid scenic streets.